

10km

**Cavehill 5 Mile
24 September 2017 Belfast**

Pos	Time	Cat	Num	Name		Club
1	00:36:05	MO	424	James	Trainor	Dub Runners Belfast
2	00:37:31	M40	361	Alex	Brennan	
3	00:38:17	MJ	394	Jared	Martin	Scrabo Striders
4	00:38:49	M35	375	Conor	Doris	
5	00:39:10	M45	407	Niall	O'Gorman	
6	00:39:12	M35	359	Jonathan	Beattie	Seapark AC
7	00:39:26	M40	406	John	Neill	Larne AC
8	00:40:03	M45	423	Steven	Todd	Dub Runners Belfast
9	00:40:29	M50	385	Andy	Gregg	Larne AC
10	00:40:45	M35	398	Nigel	McClintock	Ballymena Runners
11	00:41:27	MO	367	Ian	Cleland	
12	00:42:09	MO	419	Chris	Sloan	Vpcac
13	00:42:46	MO	436	Colin	Daly	
14	00:43:34	M50	371	Brian	Derby	Dub Runners Belfast
15	00:44:19	MO	370	David	Cushley	Monkstown Spartans
16	00:44:47	MO	430	Matthew	Cromie	Mallusk Harriers
17	00:44:52	MO	386	Eoin	Hudson	Run-Anon
18	00:45:46	M55	362	Philip	Brines	
19	00:46:03	M40	374	Conor	Diver	
20	00:46:56	F40	402	Nicky	McKeag	Newcastle AC
21	00:47:06	M40	391	Oliver	Kelly	
22	00:47:11	MO	409	Daniel	Pearson	Tafelta Ac
23	00:47:44	F40	414	Dawn	Rainey	
24	00:48:02	FO	443	Sandra	McKeown	Acorns AC
25	00:48:21	M40	376	Dom	Dorris	Larne AC
26	00:48:56	MO	403	Kieran	Mcnamara	Scrabo striders
27	00:48:57	MO	390	Tiernan	Kelly	
28	00:50:08	M45	416	Harry	Russell	Newcastle AC
29	00:50:29	MO	395	Conall	McAuley	
30	00:50:39	M45	444	Gordon	Glenn	North belfast harriers
31	00:51:11	MO	379	Niall	Forde	
32	00:51:23	M35	438	Sean	Coyle	
33	00:51:25	F40	437	Veronica	Powell	Jog Lisburn
34	00:51:47	M40	399	David	McConnell	
35	00:52:05	M45	387	Bryce	Irvine	
36	00:52:06	M55	408	Andy	Payne	
37	00:52:30	M50	429	Martyn	Weir	
38	00:52:47	M35	380	Richard	Garrad	
39	00:53:02	F45	388	Michelle	Johnston	Ormeau Runners
40	00:53:46	M50	418	Stephen	Shanks	
41	00:54:09	F40	372	Kathleen	Diamond	North belfast harriers
42	00:54:33	M45	401	Jim	Mcilroy	
43	00:55:25	M50	363	Mark	Brooks	
44	00:56:12	M35	421	Damien	Stone	
45	00:56:18	F40	397	Joanne	McCauley	Newry AC
46	00:56:26	M60	431	Raymond	Doone	
47	00:56:53	M45	417	Sangamesh	Sarangmath	
48	00:56:56	M35	434	Chris	Fox	
49	00:56:59	M60	432	John	Knocker	Tafelta AC
50	00:56:59	F55	433	Rosemary	Hargan	Tafelta AC
51	00:57:17	F40	373	Sharon	Dickenson	Orangegroove AC
52	00:57:51	M65	435	Reg	Sanlon	Orangegroove AC

10km

53	00:58:40	M50	357	Robin	Bates	
54	00:59:27	M50	377	David	Ferris	Monkstown Spartans AC
55	00:59:47	FO	396	Kirsty	McCalden	
56	00:59:54	M35	381	Andrew	Gibson	Dromore AC
57	00:59:55	FO	365	Norma	Campbell	Dromore AC
58	01:00:10	MO	355	Adam	Aston	Seapark AC
59	01:00:10	F35	415	Emma	Richmond-Lundie	
60	01:00:40	M35	410	Gareth	Preston	
61	01:00:47	F45	360	Jacinta	Brankin	Run anon
62	01:01:00	FO	383	Deborah	Gilmour	
63	01:02:05	MO	400	Gary	McFall	Dungannon's little running club
64	01:02:10	F35	428	Karen	Wasson	
65	01:02:11	M35	366	James	Cherry	
66	01:02:21	F35	445	Magdalena	Winnicka	
67	01:02:24	M40	441	Colin	Murdy	
68	01:02:37	FO	404	Claire	Morris	
69	01:03:00	F45	442	Joanne	Murdy	
70	01:03:04	FO	378	Emma	Forde	
71	01:04:24	FO	382	Claire	Gilmore	barn runners
72	01:04:43	F40	425	Kerrie	Turtle	
73	01:04:47	FO	392	Edel	Cafferky	County Antrim Harriers
74	01:05:17	M45	389	Jeff	Johnston	Lagan Valley Orienteers
75	01:07:15	M45	440	Bryan	Magee	Larne AC
76	01:07:36	M55	358	Roger	Boyd	
77	01:11:23	FO	384	Lyndsay	Gould	
78	01:13:05	M50	413	Nick	Rafferty	
79	01:15:38	M55	368	Bill	Corr	
80	01:17:00	M55	356	Tony	Barclay	Co Antrim Harriers
81	01:17:01	F35	439	Ally	Bennett	Co Antrim Harriers
82	01:17:15	M35	427	Jack	Wasson	Whitehead runners
83	01:17:15	FO	426	Caroline	Wasson	Whitehead runners
84	01:18:32	FO	422	Inesa	Swift	Dungannon Little running club
85	01:23:00	F50	420	Janet	Sproule	Ormeau Runners