



RaceRunDMC

1	437	Chris	Sloan	victoriaac	Ridge & Heath - 9 Miles	01:06:03
2	412	Martsje	Hell	North Belfast Harriers	Ridge & Heath - 9 Miles	01:06:36
3	427	Robert	Morrison	Albertville Harriers	Ridge & Heath - 9 Miles	01:08:08
4	439	Steve	Todd	Dub Running Club	Ridge & Heath - 9 Miles	01:08:16
5	426	Tomas	McLaughlin		Ridge & Heath - 9 Miles	01:11:25
6	442	Cathy	McCourt		Ridge & Heath - 9 Miles	01:11:58
7	407	Donal	Cassidy	Club Pulse Runners	Ridge & Heath - 9 Miles	01:12:34
8	411	Paul	Gorman	Albertville Harriers	Ridge & Heath - 9 Miles	01:13:22
9	441	Ray	Cameron	North Belfast Harriers	Ridge & Heath - 9 Miles	01:14:06
10	415	Kevin	Hughes	Team Heron Bros	Ridge & Heath - 9 Miles	01:18:13
11	410	Bostjan	Frelih		Ridge & Heath - 9 Miles	01:19:06
12	401	Vincent	Bradley	North Belfast Harriers	Ridge & Heath - 9 Miles	01:19:28
13	456	Coner	Farre;		Ridge & Heath - 9 Miles	01:19:48
14	421	Una	McConnell	North Belfast Harriers	Ridge & Heath - 9 Miles	01:21:18
15	440	Brian	Weir	Team Heron Bros	Ridge & Heath - 9 Miles	01:22:26
16	433	Michael	Regan		Ridge & Heath - 9 Miles	01:22:49
17	436	Colin	Simpson	North Belfast Harriers	Ridge & Heath - 9 Miles	01:23:06
18	424	Martin	McKenna		Ridge & Heath - 9 Miles	01:24:04
19	422	Martin	McCourt	NI Civil Service AC	Ridge & Heath - 9 Miles	01:24:46
20	404	Martin	Cameron		Ridge & Heath - 9 Miles	01:24:47
21	413	David	Hendron		Ridge & Heath - 9 Miles	01:26:42
22	423	Thelma	McCullough	North Belfast Harriers	Ridge & Heath - 9 Miles	01:30:35
23	400	Samuel	Anderson		Ridge & Heath - 9 Miles	01:31:28
24	409	Anthony	Fleming	North Belfast Harriers	Ridge & Heath - 9 Miles	01:33:01
25	428	Ian	Morrow	Jog Lisburn Running Club	Ridge & Heath - 9 Miles	01:35:27
26	406	Graham	Canning		Ridge & Heath - 9 Miles	01:35:45
27	408	John	Donnelly		Ridge & Heath - 9 Miles	01:37:38
28	434	Judith	Robinson	Murlough AC	Ridge & Heath - 9 Miles	01:38:40
29	425	Emily	McKeown	Mallusk Harriers	Ridge & Heath - 9 Miles	01:41:52
30	429	Geraldine	Murphy	North Belfast Harriers	Ridge & Heath - 9 Miles	01:44:17
31	443	Colleen	Thompson	North Belfast Harriers	Ridge & Heath - 9 Miles	01:46:45
32	403	John	Burns	North Belfast Harriers	Ridge & Heath - 9 Miles	01:46:46
33	405	Pauline	Cameron		Ridge & Heath - 9 Miles	01:46:56
34	435	Alan	Ross		Ridge & Heath - 9 Miles	01:46:56
35	402	Jacinta	Brankin		Ridge & Heath - 9 Miles	01:47:36
36	438	Janet	Sproule		Ridge & Heath - 9 Miles	02:53:36
37	416	Michael	Lawlor	North Belfast Harriers	Ridge & Heath - 9 Miles	02:53:36

1	227	John	Murphy	North Belfast Harriers	Ridge & Summit - 7.5 Miles	00:54:22
2	233	Frankie	Smyth	North Belfast Harriers	Ridge & Summit - 7.5 Miles	00:54:54
3	235	Diane	Watson	City of Lisburn AC	Ridge & Summit - 7.5 Miles	00:56:56
4	201	Colin	Armstrong	Dromore AC	Ridge & Summit - 7.5 Miles	00:57:16
5	224	Eric	Montgomery	Lagan Valley AC	Ridge & Summit - 7.5 Miles	00:59:05
6	226	Cathal	Morgan		Ridge & Summit - 7.5 Miles	01:00:47
7	236	Lesley	Young		Ridge & Summit - 7.5 Miles	01:02:59
8	220	Karen	McKee	Mallusk Harriers	Ridge & Summit - 7.5 Miles	01:05:40
9	208	Denise	Doherty		Ridge & Summit - 7.5 Miles	01:12:04
10	202	Gary	Blythe	North Belfast Harriers	Ridge & Summit - 7.5 Miles	01:13:38
11	203	Lisa	Bowers	North Belfast Harriers	Ridge & Summit - 7.5 Miles	01:14:40
12	234	Patrick	Stark		Ridge & Summit - 7.5 Miles	01:16:55
13	205	Stuart	Croft		Ridge & Summit - 7.5 Miles	01:17:00
14	200	Gerry	Anderson	North Belfast Harriers	Ridge & Summit - 7.5 Miles	01:17:02
15	228	Thomas	Norton	North Belfast Harriers	Ridge & Summit - 7.5 Miles	01:17:35



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16	221	Kerrie	McSparran		Ridge & Summit - 7.5 Miles	01:17:37
17	218	Kim	McDonald	Dromore AC	Ridge & Summit - 7.5 Miles	01:17:38
18	207	Janette	Davidson	Dromore AC	Ridge & Summit - 7.5 Miles	01:17:38
19	231	Gareth	Preston		Ridge & Summit - 7.5 Miles	01:22:33
20	209	Conor	Duffy	Springwell Running Club	Ridge & Summit - 7.5 Miles	01:23:44
21	229	Eimear	Nugent	North Belfast Harriers	Ridge & Summit - 7.5 Miles	01:29:02
22	230	Kathleen	O'Neill	North Belfast Harriers	Ridge & Summit - 7.5 Miles	01:29:36
23	204	Elaine	Crawford	North Belfast Harriers	Ridge & Summit - 7.5 Miles	01:29:39
24	222	Tony	Miller		Ridge & Summit - 7.5 Miles	01:30:02
25	214	Eileen	Keenan	North Belfast Harriers	Ridge & Summit - 7.5 Miles	01:30:04
26	217	Paul	McCabe		Ridge & Summit - 7.5 Miles	01:34:06
27	216	Gemma	Lowe	North Belfast Harriers	Ridge & Summit - 7.5 Miles	01:46:20
28	210	Cecilia	Gourley	North Belfast Harriers	Ridge & Summit - 7.5 Miles	01:46:21
29	237	Gail	Mallaghan	North Belfast Harriers	Ridge & Summit - 7.5 Miles	01:54:37
30	215	Jacqueline	Lawlor	North Belfast Harriers	Ridge & Summit - 7.5 Miles	01:54:38

1	32	Joe	Malone	North Belfast Harriers	Ridge Run - 5 Miles	00:28:37
2	14	David	Cushley		Ridge Run - 5 Miles	00:31:30
3	38	Patrick	McAuley	North Belfast Harriers	Ridge Run - 5 Miles	00:32:32
4	60	Paul	Sheldon	Scrabo Striders	Ridge Run - 5 Miles	00:36:51
5	52	George	Murray		Ridge Run - 5 Miles	00:37:45
6	70	Liz	Watt	victoriaac	Ridge Run - 5 Miles	00:38:06
7	42	Neil	McCready	Mallusk Harriers	Ridge Run - 5 Miles	00:38:31
8	67	Thomas	Taylor		Ridge Run - 5 Miles	00:39:06
9	21	Hazel	Glenn		Ridge Run - 5 Miles	00:39:12
10	43	Sean	McDonald	Team Heron Bros	Ridge Run - 5 Miles	00:40:33
11	75	Gerard	Cochrane		Ridge Run - 5 Miles	00:40:37
12	34	Judith	Mc Manus	Dub Running Club	Ridge Run - 5 Miles	00:40:39
13	1	Patricia	Adams		Ridge Run - 5 Miles	00:41:01
14	63	Robbie	Speers	North Belfast Harriers	Ridge Run - 5 Miles	00:41:05
15	66	Emma	Taylor	North Belfast Harriers	Ridge Run - 5 Miles	00:41:14
16	60	Paul	Sheldon	Scrabo Striders	Ridge Run - 5 Miles	00:41:14
17	39	Maire	McCaughey	Dub Running Club	Ridge Run - 5 Miles	00:41:33
18	64	Diane	Taylor	North Belfast Harriers	Ridge Run - 5 Miles	00:42:14
19	9	Lyle	Carleton	North Belfast Harriers	Ridge Run - 5 Miles	00:42:21
20	59	Lynn	Sheldon	Scrabo Striders	Ridge Run - 5 Miles	00:42:31
21	10	Karen	Carlisle	Dub Running Club	Ridge Run - 5 Miles	00:42:59
22	71	Alan	Weir	North Belfast Harriers	Ridge Run - 5 Miles	00:43:05
23	76	David	McConnell		Ridge Run - 5 Miles	00:43:59
24	33	Kathy	Mayhew	Dub Running Club	Ridge Run - 5 Miles	00:44:29
25	44	Gary	McGaughy		Ridge Run - 5 Miles	00:44:55
26	35	Joanne	McAllister	North Belfast Harriers	Ridge Run - 5 Miles	00:45:00
27	30	Fiona	Magill	North Belfast Harriers	Ridge Run - 5 Miles	00:45:24
28	51	Kate	Montgomery	Lagan Valley AC	Ridge Run - 5 Miles	00:45:47
29	46	Lynn	McKenna	North Belfast Harriers	Ridge Run - 5 Miles	00:46:00
30	57	Roisin	Rafferty		Ridge Run - 5 Miles	00:46:16
31	18	Philomena	Donaldson	North Belfast Harriers	Ridge Run - 5 Miles	00:48:30
32	12	Sharon	Cousins		Ridge Run - 5 Miles	00:50:05
33	73	Matthew	Morrison		Ridge Run - 5 Miles	00:50:20
34	36	Louise	McAree	Belfast Running Club	Ridge Run - 5 Miles	00:50:23
35	17	Deirdre	Donaghy		Ridge Run - 5 Miles	00:50:25
36	5	Margaret	Beattie	Co Antrim Harriers	Ridge Run - 5 Miles	00:50:31
37	77	Chris	Brown		Ridge Run - 5 Miles	00:51:12
38	23	Stella	Harrison	North Belfast Harriers	Ridge Run - 5 Miles	00:51:17



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39	3	Mariajose	Arias		Ridge Run - 5 Miles	00:51:33
40	68	Daniel	Taylor		Ridge Run - 5 Miles	00:51:49
41	47	Maxine	McKibbin		Ridge Run - 5 Miles	00:52:03
42	19	Diane	Foy		Ridge Run - 5 Miles	00:52:41
43	55	Niamh	O'Neill	North Belfast Harriers	Ridge Run - 5 Miles	00:52:48
44	22	Agnieszka	Grajek		Ridge Run - 5 Miles	00:52:52
45	29	Laura	Lovett	North Belfast Harriers	Ridge Run - 5 Miles	00:55:07
46	48	Karen	McMaster	Seapark AC	Ridge Run - 5 Miles	00:55:19
47	37	Kerry	McAuley		Ridge Run - 5 Miles	00:56:22
48	45	Angela	McKee		Ridge Run - 5 Miles	00:56:26
49	54	Catherine	O'Boyle	North Belfast Harriers	Ridge Run - 5 Miles	00:58:31
50	72	Orla	Young	North Belfast Harriers	Ridge Run - 5 Miles	01:02:31
51	20	Catherine	Gaston	North Belfast Harriers	Ridge Run - 5 Miles	01:02:32
52	31	Laura	Mallaghan		Ridge Run - 5 Miles	01:03:01
53	6	Claire	Brady	North Belfast Harriers	Ridge Run - 5 Miles	01:03:54
54	41	Caron	McCormack	Team Heron Bros	Ridge Run - 5 Miles	01:04:34
55	74	David	O'Brien	Sperin Harriers	Ridge Run - 5 Miles	01:07:19
56	61	Mark	Simpson	North Belfast Harriers	Ridge Run - 5 Miles	01:14:35
57	25	Marian	Hayes	North Belfast Harriers	Ridge Run - 5 Miles	01:15:24
58	28	Fiona	Lacey	1ZER01 ATHLETES	Ridge Run - 5 Miles	01:18:54
59	58	Rosy	Ryan	North Belfast Harriers	Ridge Run - 5 Miles	01:19:30
60	24	Loretto	Hawkins	North Belfast Harriers	Ridge Run - 5 Miles	01:19:32
61	27	Caroline	Hughes		Ridge Run - 5 Miles	01:37:12
62	49	Janeen	McVarnock	Team Heron Bros	Ridge Run - 5 Miles	01:37:12
63	50	Linda	McVarnock	Team Heron Bros	Ridge Run - 5 Miles	01:37:13
64	69	Tim	Tinsley	Team Heron Bros	Ridge Run - 5 Miles	01:37:23
65	44	Gary	McGaughey		Ridge Run - 5 Miles	01:43:56